
The Plant Periodical

PLANT MEMORIAL HOME
THOMAS COTTAGES

June 2025



Dear PMH Community,

Finally a few days of sunny weather here on
the Kennebec River!

I'd like to invite you to help me welcome Tish
Oberson to our dietary team. She joins us
with years of experience in cooking at
Bowdoin College's renowned culinary
department and most recently was the Lead
Cook at The Lincoln Home in Newcastle. She
has already made an impact on our
presentation and production of great quality
meals and we look forward to seeing more
collaboration with local vendors and
suppliers that represent the Bath community
as she integrates to life at the Plant Home.

In this newsletter
you can find:

Community
Updates

Department
Debriefs

Health Tips

Upcoming
Events

Resident
Welcomes

...and more!



Also joining our team is Bella Jackson as part of our Activities Department. After serving the communities in which she resided for years in the field of Education, she has moved to our area and wanted to contribute the the depth of our PMH communities helping deliver engaging activities for the enjoyment of all residents.

Also, stay tuned for information to be released soon on an electronic maintenance ticketing system that we are finalizing and will have ready for use in the next couple of weeks.

Enjoy the "summer" while you can and thank you for your continued feedback and support.



The Nurse's Desk

Looks like this summer will be another hot one! Be sure to drink lots of water, wear sunscreen, and dress lightly to avoid overheating. Consider keeping windows and blinds closed during the day and opening them at night to keep apartments comfortable. Watch for the Full Strawberry Moon on June 11th, which is typically the last full moon of spring or the first of the summer.

Welcome to our new resident, Mary Ellen Stanton!
Congrats to Steph for receiving her CRMA certification!
Happy birthdays to Anthony (6/8), Marie (6/22), Mary Ellen (6/24), and Glorie (6/27)! -Robi



The Activities Room

Happy June! Summer is right around the corner.

I would like to start off with a big congratulations to Steph for completing and passing her CRMA class. Be sure to congratulate her when you see her. I would also like to welcome our newest employee to the Activities department, Bella Jackson. Bella has been working in education for many years. She has been a Bath resident for almost 6 years. She stays busy these days with 2 dogs (George and Ester). You can find them most days at the dog park in Bath. When you see Bella, ask to see a picture of George and Ester!

Bella will be a great addition to Plant Home and to Activities.

The month of June is known as the time many schools let out for the summer, and June 20, 21, or 22 (depending on the year) is the longest day of the year with the most daylight hours in the Northern Hemisphere.

June also plays host to the ever-important national holiday of Father's Day on June 15th. We have a special event planned for ALL our male residents at Plant Home to celebrate you all on Friday June 6th. Join us on Tuesday June 10 for a trip to Reid State Park. Reid State Park bears the distinct honor as being Maine's first State-owned Saltwater Beach. In 1946, prosperous businessman and Georgetown resident Walter E. Reid donated land to the State of Maine to be preserved forever, and a few years later Reid State Park became a reality. Also, please join us out on the porch for Happy Hours this month and a game of cornhole. We will also be meeting for a new Garden club and Walking club.

Love y'all!

Wendy Lavoie
Activities Director





The Scoop

June is a very exciting time for the dietary department. We look forward to growing our herb garden this summer. It is also a time when fresh fruit is a lot tastier and more accessible. Please let us know if you have any favorite garden vegetables you'd like to see on your plates. We'd also like to know your favorite summer dishes and desserts. The dietary department will be having some cookouts this summer, so keep an eye out for those on the menu. We hope everyone enjoys the well earned warm weather! -Tish



*Ummm...
where are the menus?*

You've probably noticed that there aren't menus attached to this newsletter, and there aren't any posted around the building. This isn't a misprint! We're in a temporary flux as the new menus debut. In order to take advantage of hot deals and fresh local produce, for the month of June, a monthly calendar will not be published. Meals will be determined on a weekly, sometimes daily, basis. After a one month trial, we'll see how this new system is working, and go from there. We appreciate your input. Thank you for your understanding as we try something new!



Out and About

If you're interested in an excursion, sign up on the first floor resident board. On the trip day, be sure you are ready to go when the trip is set to depart.

Excursions have limited space



Are you a bookworm?

We have a library service that delivers and picks up library books to residents.

If you are interested, please talk to an Activities staff member.



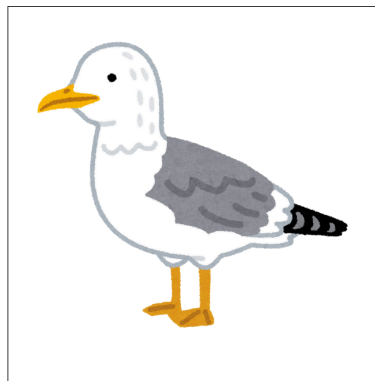
Tech Help

If you are experiencing tech troubles, Amelia will be happy to try and help you Monday-Friday. Results may vary.



Sunday Salon

The salon is open every third Sunday of the month.



Where's the seagull?

A seagull is hiding somewhere in this newsletter! Can you find him?



Looking for more?

You can find us on Facebook at Plant Memorial Home & Thomas Cottages.

Thank you for reading!

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